



Dulwich

International College

[Site Map](#) [Contact Us](#)

[Home](#)

[The School](#)

[Academic](#)

[Boarding](#)

[Language Centre](#)

[Special Programmes](#)

[Information](#)

[Contact](#)

ENGLISH ACADEMY
STARTS JANUARY 2004
ENROL NOW!



ENGLISH SUMMER CAMP
SPORTS & ADVENTURE
APRIL 2004



REGISTER EARLY FOR DISCOUNT!

DULWICH COLLEGE
AQUATIC COMPLEX



AVAILABLE
FOR HIRE

DULWICH COLLEGE
OUR PARTNER SCHOOL
IN LONDON



Swim Camps



"The ideal campus location to meet the needs of swim programmes at any level."

Dulwich International College Aquatic Complex

Here is a wonderful opportunity to benefit from one of the best training facilities in Southeast Asia. Enjoyed by international squads, representative teams and clubs alike, we are delighted to offer your team the opportunity to be based at Dulwich International College on the beautiful Island of Phuket. You will be allocated 4 hours pool time for training each day (times subject to availability in 2 x 2 hour slots).



The campus also has many other sporting facilities which may be available to you on request, including a weight and fitness room and Indoor Sports Centre. All boarding houses have video/meeting rooms with full access to the internet. Furthermore, there is plenty to see and do in your leisure time, including numerous excursions.

Dulwich International College has created the ideal campus location to meet the needs of swim programmes at any level, from national teams to university teams to smaller club programmes. What could be better than having a wonderful and challenging time on and around a superb, peaceful and safe campus away from busy traffic, noise and pollution?

Why Dulwich International College Aquatic Complex?

- A safe, 36-acre campus of private land on the beautiful island of Phuket, Thailand.
- Possibly the best value for accommodation and training in the world (see below).
- Easy access by air from all around the world. Many air carriers fly direct to Phuket! Dulwich is located 30 minutes from the airport.
- A very clean, healthy, unpolluted and natural environment.
- Purpose built facilities, fully-equipped, state of the art technology.
- High quality teaching and sports facilities.
- Olympic-sized swimming pool with a 25m sprint pool next to it, 1600 sq.m. Indoor Sports Centre, tennis and basketball courts, air-conditioned gymnasium, extensive playing fields.
- 24 hours nursing care on campus, 24 hours security.
- A prime location: Phuket is a world famous tourist destination.

Dulwich International College

Established in 1996, Dulwich International College is a co-educational day and boarding school set in an extensive, safe and beautifully landscaped campus on the picturesque island of Phuket in southern Thailand. The school delivers a British and International curriculum to children of all nations from 18 months to 18 years, from pre-school to pre-university, leading to external examinations in IGCSE and IB.

The school enjoys strong links with the prestigious 400-year-old Dulwich College, London, is accredited by World Education Services (WES), affiliated to the European Council of International Schools (ECIS) and the Boarding Schools' Association (BSA) and is a leading member of the Federation of British International Schools of South and East Asia (FOBISSEA).

The Facilities





- | | |
|---------------------------|-----------------|
| 1. Primary School | 5. Refectory |
| 2. Secondary School (MTB) | 6. Auditorium |
| 3. Boarding Houses | 7. Main Library |
| 4. Sports Hall | |

Aquatics Complex

The Aquatic Centre includes one 8-lane 50 metre swimming pool and one 8-lane 25 metre pool. Both pools are outside and maintain a temperature of 27.5°C. The centre is equipped with all necessary equipment for a good swim camp, including pace-clocks, blocks, flags etc.



25m pool available for sprint sets during workouts in the 50m pool.

We will never book more teams than can accommodate 4 persons/lane in the 50m pool and with access to the 25m pool for sprint sets. The training times will be 7-9am and 5-7pm to ensure that everybody gets good hours of rest in between practice. (If the complex is fully booked, 6.30-8.30am and 3.30-5.30pm or 8.30-10.30am and 5.30-7.30pm will be available, to ensure perfect timing between training, recovery and meals.) Other areas such as the Indoor Sports Centre and the gym are available on request.



Training session at the 50m pool with the Swedish Club Tureberg and the Norwegian team NTG

Indoor Sports Centre

This is a multi-purpose sports hall offering facilities for all major indoor sports, including basketball and badminton, and is adaptable for indoor track and other activities. There is also an air-conditioned gymnasium, perfect for training.



Gym

Our new Multipurpose Fitness Centre will open in November 2004. It will include a fully equipped gym with an area for medicine ball and swiss-ball use.

Other training facilities

Other training facilities include an air-conditioned Indoor Tennis Centre with 3 tennis courts (opening in November 2004), running track, 3 soccer fields and 2 outside basketball courts. DIC is also very close to all Phuket's golf courses.

Boarding/housing facility

Our boarding house is a perfect place to live for both big and small teams. Facilities include:

- Single and double rooms.
- Free access to Internet for the team and its members.
- Free laundry Service.
- Kitchen for early/late meals (provided by the team).
- Meeting/activity room with TV/DVD, pool table, table tennis etc.



- Study room

The pools are very close to the accommodation, meaning excellent training facilities at your fingertips.

Food

Dulwich is an international school and the food that is available is both international and Thai-style. The breakfast is perfect for a full day of sports and activities.



Everything is buffet-style.

There is always a wide selection of hot Western, Thai and Vegetarian dishes, along with salads, fresh fruit and desserts for both lunch and dinner.

Cost

The fees below are in Thai baht and include the following:

- All training using DIC facilities such as swimming pools, Indoor Sports Centre, Fitness Centre.
- Car rental: DIC will provide a 12-seater minibus per day for each group of a minimum of 10 persons, no driver.
- Drinking water with ice in a cooler during the sessions.
- The necessary logistical support and equipment for the duration of the camp.
- Accommodation (one or two persons per room), laundry, internet access.
- Three meals a day (breakfast, lunch and dinner).

The fee for one person is 1900 baht per day if there are more than 10 people in the group.

Depending on the exchange rate, this is approximately equivalent to a daily rate of:

48 USD	39 EURO	27 GBP
5.1 JPY	64 AUD	403 CNY
360 SEK	330 NOK	

Please note that these fees do not include air fare, personal spending money, visa applications, extra food or additional optional activities, these being the responsibility of the swimmers and their club. Upon request we can also arrange staying at a nearby 4-star hotel (different rates will apply).

A typical day of full training

6:00 AM	Wake-up, dress, light breakfast (not provided)
6:30	1st pool session begins
8:45	Breakfast
9:45	Dry land training
11:00	Buses leave for shopping in Patong or the beaches of beautiful Phuket Island
1.30 PM	Lunch at Dulwich
2:00	Free time/rest
3.30	2nd pool session begins
6.00	Dinner
6.30	Activities or a good movie down at the meeting room
9:00	Meeting with your group/free time
11.00	Lights out

Getting around the island of Phuket

Included in the cost of the camp is a minibus rental for every group of 10 persons at the camp. That means that you can drive around the island and go to all the beaches and do all the shopping that you want. The minibus will be at the airport when you arrive and it is yours for the duration of the camp. Everything on the island is within about half-an-hour from the college, including many beautiful beaches.

When to go?

Flying to Phuket is normally low cost even from Europe or USA. You can get really cheap flights during the summer. The most expensive time is probably over Christmas, but even then you get good prices if you are early with your booking. Phuket has a tropical monsoon climate. It's warm all year round, but the two periods of April-May and September-October are the hottest. The September-October period is also the wettest. The best time to visit Phuket is during the cool season, from November though to March, when it isn't so humid, and the cool breezes keep

things comfortable. The average temperature is around 75°F to 89°F (24°C to 32°C).

The hottest time is from April through to May, with temperatures ranging from 80°F to 95°F (27°C to 36°C). There are short heavy showers, offering welcome relief from the temperature and humidity. The Thai New Year occurs on April 13th and everyone sprinkles (or throws) cool water on each other. No wonder!

Locals enjoy June, July and August, since the weather is usually fine and their favourite haunts remain uncrowded. The usual pattern is brief but heavy showers, with plenty of sunshine between downpours. Everything is a little less expensive at this time of year as well. Temperatures range between 70°F and 90°F (20°C to 33°C).

During September and early October, the showers are heavier and more prolonged, but even at this time there are still long intervals of sunshine. The beaches, outdoor restaurants and streets are relatively uncluttered by visitors and there are plenty of low season activities, both water and land-based, during this wettest part of the summer season.

What to do on the island of Phuket?

Jungle-trekking, snorkelling or simply sightseeing? Phuket has a huge range of tours from coach trips to private excursions. Island tours leave daily stopping at places like the National Park, temples and others areas of interest. Some specialize in giving a taste of local island life with stops at rubber and coconut plantations, while others focus on shopping and visiting beauty spots.

If you'd like to go beyond Phuket Island, you can take a day trip to one of the many offshore islands, visit the mainland province of Phang Nga with its amazing limestone scenery, or stay overnight on famous Phi Phi Island.

Phuket offers a great variety of shopping, from bustling open-air village food markets, noisy night markets, street stalls and local shops to western style department stores and up-market specialist shops.



Thailand also has a wealth of local crafts - ceramics, textiles, tailor-made clothing and excellent furniture to name a few. If you simply want a few souvenirs or some inexpensive beach or sportswear, the local stalls in Phuket town and the beach resorts have a large selection. If you need the essentials, head for the western style department stores or the new huge supermarkets on the edge of town. For items such as gems and jewellery, there are specialist shops.

If you are interested in using our Aquatic Complex, please [click here](#) to complete an online pre-registration and information form.

[Top]

Dulwich International College

59 Moo 2, Thepkasattri Rd, T. Koh Kaew, A. Muang, Phuket 83200

Tel: +66(0) 7623-8711 Fax: +66(0) 7623-8749-50

Bangkok: Tel: +66(0) 2512-0466-7 Fax: 66(0) 2512-0468

E-mail: info@dulwich.ac.th